

**APPLICATION FORM**  
**Summer Programme for Children and**  
**First Step Sports Camp for Teenagers**

Complete this form and return it with the fee to:

**Summer Camp 2010,**

**WIT Fitness Suite, Waterford IT, Cork Road, Waterford.**

Name of Applicant \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number (H): \_\_\_\_\_

Phone Number (M): \_\_\_\_\_

**SESSION APPLIED FOR:**

Summer Programme for Children----- ☐

First Step Sports Camp for Teenagers----- ☐

Early Bird - 8.45 a.m. start (€10 extra) ----- ☐

Please indicate your week in order of preference:

**Week 1:** Monday July 5th to Friday July 9th ☐

**Week 2:** Monday July 12th to Friday July 16th ☐

**Week 3:** Monday July 19th to Friday July 23rd ☐

**Week 4:** Monday July 26th to Friday July 30th ☐

**No Camp during week of Bank Holiday (2nd to 6th August)**

**Week 5:** Monday August 9th to Friday August 13th ☐

**Week 6:** Monday August 16th to Friday August 20th ☐

Are there any medical or physical conditions which might restrict your child's activity programme, if so please state.

\_\_\_\_\_

\_\_\_\_\_

Signed by Parent(s)/Guardian(s). See Rules and Regulations

\_\_\_\_\_

\_\_\_\_\_

Fees will be refunded in full if for any reason the programme does not take place. Participants withdrawing from the programme before they commence will lose 30% of fee (unless they give one weeks notice). To avoid disappointment bookings should be made in advance and with payment as the camp is usually full by Monday morning

**BOOKINGS CAN ONLY BE MADE AND CONFIRMED ON**  
**RECEIPT OF COMPLETED FORM AND FULL FEE.**

**SUMMER CAMP 2010**

**Summer Programme for Children**  
**from 5 to 12 years.**

**First Step Sports Camp for Teenagers**  
**from 12 to 15 years.**

Dear Parent,

The **Summer Programme for Children** (5 to 12 year olds) provides a range of interesting activities in an enjoyable, friendly and safe atmosphere. The newly structured **First Step Sports Camp for Teenagers** (12 to 15 year olds) encourages social and sporting activities for this age group.

These programmes are acknowledged as the most exciting and best organised activities for children and teenagers in the south east. Using the excellent resources and facilities of WIT (WIT Sports Campus, Carriganore, restaurants, shops, classrooms, computer centres, Fitness Suite, multi-purpose hall and both indoor and outdoor tennis courts/pitches, WIT transportation), all participants are guaranteed a week full of fun and enjoyment regardless of weather conditions.

All our programmes are staffed by a qualified and highly motivated team drawn from WIT lecturers and students, ensuring the highest standards of supervision and safety at all times.

With professional tuition and the variety in the programme I am confident that this year's summer camp will be of great benefit to your children and teenagers.

Book early to avoid disappointment.

MICHAEL EVANS, Camp Director.



Sports photographs by Maurice Hennebry Photography



Waterford Institute of Technology

**SUMMER CAMP**  
**2010**

**SUMMER PROGRAMME**  
**FOR CHILDREN**  
**5 TO 12 YEARS**



**FIRST STEP**  
**SPORTS CAMP**  
**FOR TEENAGERS**  
**12 TO 15 YEARS**

**JULY and AUGUST, 2010**

Bookings taken in the WIT Fitness Suite from  
9 a.m. to 7 p.m., Monday to Friday.  
For further information telephone  
Fitness Suite: (051) 302484  
Sports Office: (051) 302238

**campus**Services

## SUMMER PROGRAMME FOR CHILDREN 5 - 12 year olds

The children will participate in a varied programme which will include the following:

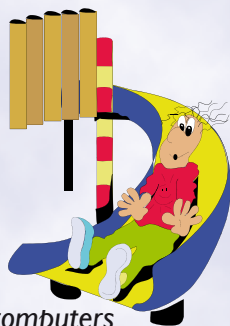
### SPORT AND FUN

- Introduction to all popular sports - indoor and outdoor
- Tennis, soccer, football, basketball and hockey
- Participation in mini games
- Fun in novelty events
- Bouncy castle
- Pedal Karts



### ARTS AND CRAFTS

- Simple art and crafts design
- Exciting fun painting
- Pattern and model design



### COMPUTERS

- Introduction to computers
- Microsoft Word
- Clip Art and Symbols
- Simple designs and drawings



### LEISURE AND FIELD TRIPS

- Treasure Trail
- Orienteering
- Swimming



## FIRST STEP SPORTS CAMP FOR TEENAGERS 12 - 15 year olds

Through a varied programme participants will have the opportunity to experience the following:

### WIT SPORTS CAMPUS CARRIGANORE

- 3 Pitches
- All-weather Pitch
- Running Track
- Orienteering facilities
- Walking trails
- Dressing rooms



### SPORTS

- Athletics
- Badminton
- Basketball
- Camogie
- Football
- Hockey
- Horse Riding
- Hurling
- Soccer
- Swimming
- Tag Rugby
- Volleyball



## Dates for Children and Teenagers Summer Programme

**Dates:** Mon. July 5th to Fri. July 9th  
Mon. July 12th to Fri. July 16th  
Mon. July 19th to Fri. July 23rd  
Mon. July 26th to Fri. July 30th  
**No Camp from Mon. Aug. 2nd to 6th**  
Mon. Aug. 9th to Fri. Aug. 13th  
Mon. Aug. 16th to Fri. Aug. 20th

**Time:** 10.00 a.m. - 4.30 p.m.  
**Early Bird:** 8.45 a.m. start - €10 extra

**Age Group:** Summer Programme for Children (5-12 year olds).  
First Step Sports Camp for Teenagers (12-15 year olds).

**Cost:** Summer Programme for Children:  
€100 per week.  
First Step Sports Camp for Teenagers:  
€110 per week.  
Final week includes a day trip to Trabolgan and costs  
€20 extra per child/teenager.

## RULES AND REGULATIONS

1. No provisional bookings taken. BOOKINGS CAN ONLY BE MADE AND CONFIRMED ON RECEIPT OF COMPLETED FORM AND FULL FEE.
2. All application forms to be signed by parents/guardians.
3. It must be stated whether children are in any way physically disabled or have medical problems such as epilepsy, diabetes, asthma etc.
4. No responsibility taken for children on College Grounds before or after the stated Summer Camp time of 10.00 a.m (8.45 am for early bird) to 4.30 p.m.
5. Children should bring each day:
  - a) Packed lunch for two breaks (no glass bottles allowed)
  - b) Wear a tracksuit, tee-shirt, shorts and runners with a towel and spare tee-shirt.
 All clothing should have the child's name on label.

*For further information contact:*

WIT Fitness Suite - Michelle or Donna - Tel: (051) 302484  
WIT Sports Office - Robin or Michael - Tel: (051) 302238